



# 2025

## PRODUCT CATALOG

Supporting every **body**, every **step**.

# How One Doctor's Dream Sparked a Breakthrough in Patient Care



Our story begins in 1952 with Dr. Monte Greenawalt, a young, caring chiropractor in Dubuque, IA. Despite his dedication, Dr. Monte found his patients' adjustments weren't holding well, leaving them in pain. His curiosity led him to investigate this issue.

Dr. Monte discovered the critical role feet play in body stability through research. He realized that to maximize adjustment retention, all three arches of the foot needed proper balance and support. This insight led to his groundbreaking invention: spinal pelvic stabilizers.

Dr. Monte's stabilizers were based on 16 unique measurements, considering every aspect of total body support. When patients used his prototype, their adjustments held better, pain decreased, and quality of life improved. This innovation has since benefited tens of thousands of chiropractors and millions of patients worldwide, cementing Dr. Monte's legacy in chiropractic care.

## Over 70 Years Later And Just Getting Started

As Dr. Monte discovered so long ago, the feet are your foundation and the key to proper posture and good overall health and wellness.

Foot Levelers was built on practical research and innovation. Our numerous research studies include the groundbreaking work that proved Foot Levelers custom orthotics reduce low back pain by 34.5%<sup>1</sup>.

The future is bright and in the next 70 years we promise to bring even more innovation and research-proven solutions to optimize health for people around the world.

<sup>1</sup>Landmark Study: Shoe Orthotics for Treatment of Chronic Low Back Pain  
Published in the Archives of Physical Medicine and Rehabilitation in 2017

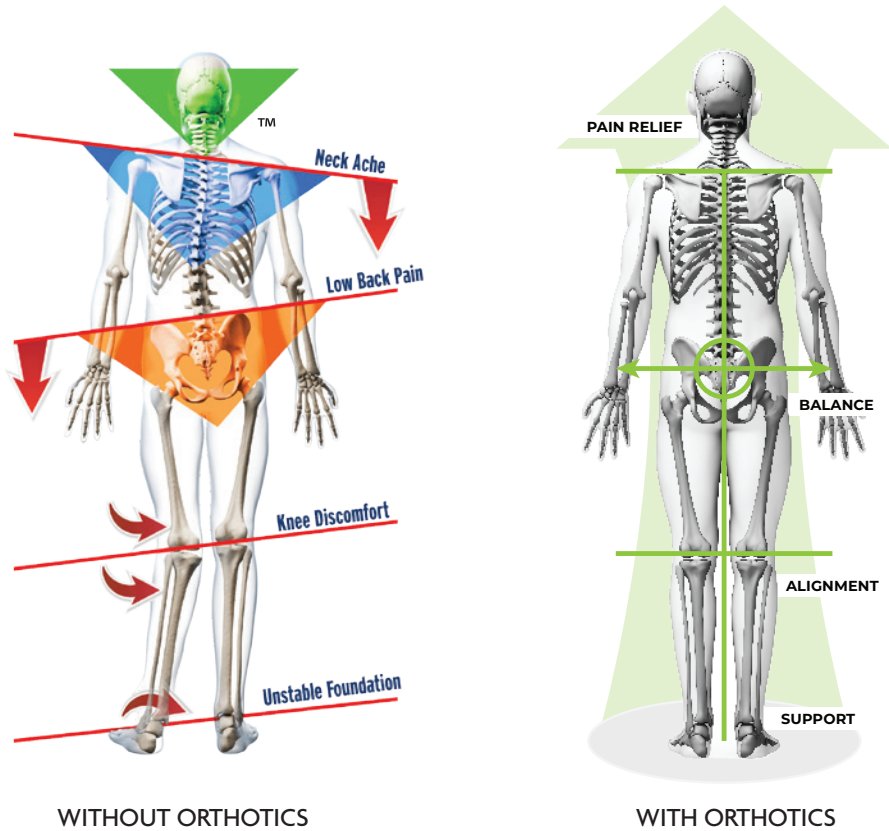
# 2025 PRODUCT CATALOG

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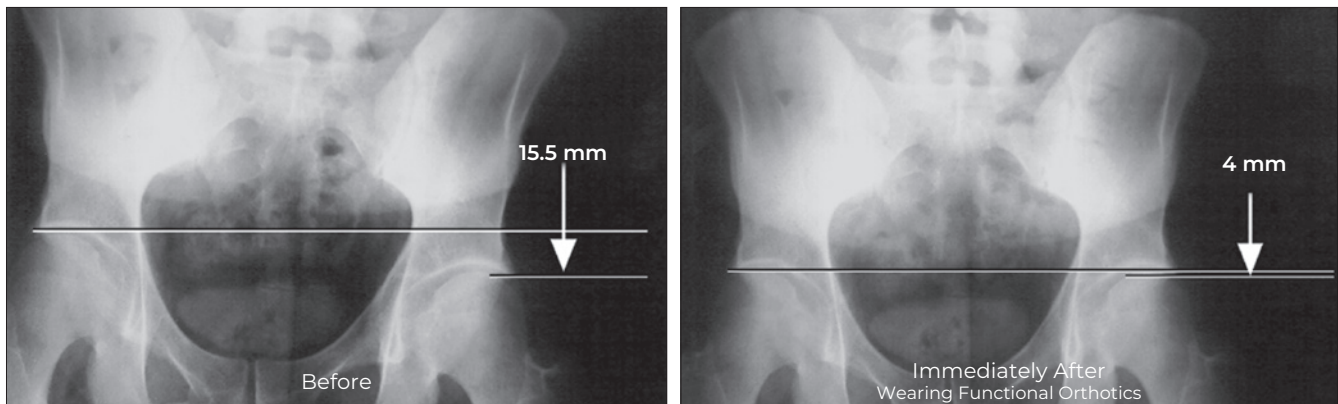


# Feel the Difference

Custom Orthotics for Whole-Body Support



## Results This Dramatic Could Take *Weeks*



X-rays courtesy of Terry R. Yochum, DC, DACBR, FACCR

## This Took 30 Seconds!



# CUSTOM ORTHOTICS

*“What impresses me about your products is how amazingly helpful they have been in my recovery. I not only avoided surgery but I am able to walk and run as much as I want without any foot pain.”*

*– Thor Johansen,  
Ultramarathon Runner*



# Orthotic Options

Options allow you to tailor the design of orthotics to fit your evaluation of every patient's needs. Adding options can enhance the comfort and performance that a stabilizing orthotic can give your patient and address specific needs.



## DYNAMIC RESPONSE SYSTEM™ ITEM 574

DRS acts like a suspension system, responding to variable loads and surfaces. Upgrade orthotics for premium support and ultimate comfort in all 3 arches.



## DYNAMIC RESPONSE SYSTEM - EXTREME™ ITEM 576, 577

For patients with vigorous lifestyles! By adding DRS-Extreme to most orthotics, you give your patients greater comfort, better protection and improved performance. All 3 arches + added heel shock. *Excluding XP3® Run, XP3® Run Distance, XP3® Field, XP3® Ski, 5th Avenue® 2" or Mother Nurture.*



## HEEL SPUR CORRECTIONS ITEM 588

Bilateral, horseshoe-shaped corrections placed in the heel to alleviate pain caused by heel spurs. *Excluding 5th Avenue 2", XP3® Run, XP3® Run Distance. Heel spur corrections are not recommended with Heel Cups.*



## DOT FASTENERS ITEM 592

Available for "orthotic lockdown" in all shoes. *Included in all dress & 5th Avenue® orthotics.*



## HEEL CUPS ITEM 594

Added support around the heel for patients who need extra stability. *Only available on Tough Top, Comfort Top and Full length luxury orthotics.*



## POWERCORE™ ADVANCED MAGNET SYSTEM ITEM 570

3 magnetic strips for increased energy with custom-made support. *Do not use products with magnets if you are wearing a pacemaker or electrical implant of any kind, or if you are pregnant.*



## POWERPULSE™ MAGNET SYSTEM ITEM 571

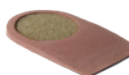
5 strategically placed circular magnets designed to deliver an extra boost of energy. *Do not use products with magnets if you are wearing a pacemaker or electrical implant of any kind, or if you are pregnant.*



## SHOE HEEL LIFTS

**3mm - ITEM 501 | 5mm - ITEM 502 | 7mm - ITEM 503 | Shoe Heel Lift Pack - ITEM 504**

Each Shoe Heel Lift Set contains 14 lifts of each thickness with a variety of widths. *Note: Dot fasteners are not included with shoe heel lifts.*



## ADJUSTABLE HEEL LIFTS

With loop dots. Hook dots (ITEM 597) should be ordered with these.

ITEM: 600

	Narrow	Medium	Wide
3mm	ITEM 513	ITEM 523	ITEM 533
4mm	ITEM 514	ITEM 524	ITEM 534
5mm	ITEM 515	ITEM 525	ITEM 535
6mm	ITEM 516	ITEM 526	ITEM 536
7mm	ITEM 517	ITEM 527	ITEM 537

ADJUSTABLE HEEL LIFT PACK			
	Narrow	Medium	Wide
	QUANTITY		
3mm	2	4	2
5mm	2	4	2
7mm	2	4	2
INCLUDES: 2 strips of hook dots			



## HOOK DOTS ITEM 597

Should be ordered with adjustable heel lifts. 12 per strip.



## LOOP DOTS ITEM 598

Replacements to attach to orthotic for "lock down." 12 per strip.

# Orthotic Feature Definitions



## **ZORBACEL®**

Absorbs damaging shock at heel strike.



## **STANCEGUARD™**

Provides variable firmness, flexibility and control at midstance.



## **PROPACEL™**

Provides a propulsive boost at toe-off, helping to reduce fatigue.



## **MAGNET SYSTEM**

May enhance your patients' energy, edge and performance. Do not use if you are wearing a pacemaker or electrical implant of any kind, or if you are pregnant.



## **MOISTURE WICKING**

Helps absorb moisture and perspiration to control odor and increase comfort.



## **WATERPROOF**

These products are better able to stand up to moisture and are recommended for patients who live or work in wet and humid environments.



## **MPAX® TECHNOLOGY**

Proprietary, state-of-the-art material is soft, breathable and flexible at rest, but instantly absorbs up to 90% of energy upon impact.



## **MPAX® PRO**

Innovative mid-layer material, infused with dynamic foam technology to reduce and redirect shock away from the foot; maximizes rebound for increased stride distance and to save energy at toe-off.



## **FAR INFRARED TECHNOLOGY (FIR)**

Redirects energy back into the body to help enhance muscle elasticity and performance, stimulate circulation, boost energy and relieve muscle fatigue.



## **GAIT CYCLE SYSTEM® (GCS)**

Only available from Foot Levelers, the GCS is a system comprised of Zorbacel® for shock absorption at heel strike, Stanceguard™ for variable support at midstance, and Propacel™ for a propulsive boost at toe-off.



## **GAIT CYCLE SYSTEM EXTREME® (GCS-X)**

Maximum support and protection from heel strike to toe-off with additional Zorbacel® and Propacel™ layers.



## **DYNAMIC RESPONSE SYSTEM™ (DRS)**

Proprietary arch material acts like a suspension system and enhances stability in all 3 arches by responding to variable loads and uneven terrain.



## **DYNAMIC RESPONSE SYSTEM EXTREME™ (DRS-X)**

The benefits of DRS plus additional shock absorption in the heel provides greater comfort, better protection and improved performance.



# For the Best Fit

## THE PATIENT'S SHOE STYLE

Shoes **with** laces



FULL LENGTH



Shoes **without** laces, shoes with no removable liner and **fitted lace-up** shoes



DRESS LENGTH



Women's dress shoes



5th Avenue 1"  
Dress Narrow

(up to 1")



5th Avenue 2"  
Dress Narrow

(Between 1 & 2")



5th Avenue 1"  
Classic

(up to 1")

## Support to match *EVERY* lifestyle.



DIFFERENT **SHOES** REQUIRE  
DIFFERENT **CUSTOM ORTHOTICS**

Match orthotics to the footwear styles your patients wear frequently  
from dress to athletic and casual shoes.

Multiple pairs ensure maximum comfort and performance for all the things you do.

# Our Most Prescribed Spinal Pelvic Stabilizers

**inmotion**  
BY FOOTLEVELERS



Perfect for individuals who are on their feet for extended amounts of time throughout the day, including in the office, at school or during everyday activities.

See Page 10

FOOT LEVELERS  
**INMOTION+**  
SCIENCE MEETS PERFORMANCE™



This orthotic is designed to help reduce muscle fatigue and enhance performance while active on your feet all day.

See Page 10

**XP3**  
ARCH  
DISTANCE  
**RUN**  
FOOT LEVELERS®



This orthotic helps redirect shock away from the body and maximizes rebound at toe-off to increase endurance. It is a must-have for extreme athletes such as marathon runners, triathletes and more.

Formerly known as XP3+®

See Page 19

## EXTREME



The Extreme Orthotic Collection is designed for maximum support, comfort and durability.

See Page 12

## ULTRA®



The Ultra Orthotics Collection is designed with a thinner profile for light to moderately active patients.

See Page 13

## DRESS LUXURY



Ideal for dress shoes with or without laces, western boots, and fits comfortably in shoes without a removable liner.

See Page 14

## 5<sup>TH</sup> AVENUE COLLECTION



The 5th Ave Collection is designed specifically for discreet support in dress shoes.

See Pages 14-15

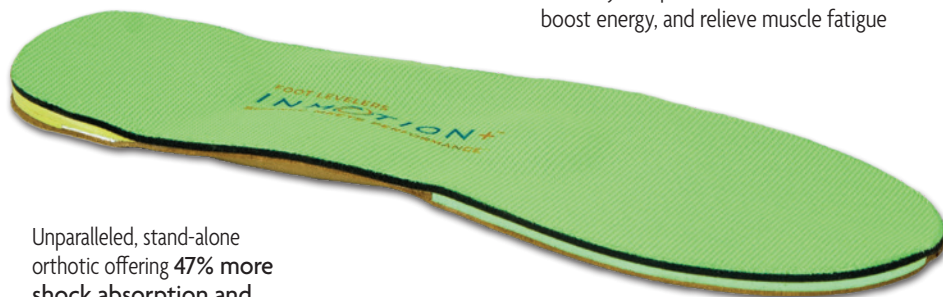
## FOOT LEVELERS

# INMOTION+

SCIENCE MEETS PERFORMANCE™

Proprietary & innovative fabric designed for enhanced durability

Far Infrared Rays (FIR) redirect natural energy back to the body which can help enhance muscle elasticity and performance, stimulate circulation, boost energy, and relieve muscle fatigue



Unparalleled, stand-alone orthotic offering **47% more shock absorption** and **130% more propulsion** than our original InMotion® orthotic

State-of-the-art materials regulate temperature to help fight odors and keep feet cooler and more comfortable



**AVAILABLE IN**  
ITEM 0910501X - FULL LENGTH  
ITEM 0912908 - DRESS LENGTH

# Inmotion®



Proprietary materials to control odor and bacteria

Moisture-wicking Dri-Brelle® top cover keeps feet cool and comfortable



Zorbacel® for protection from heel strike impact

High-performance features help improve performance and recovery

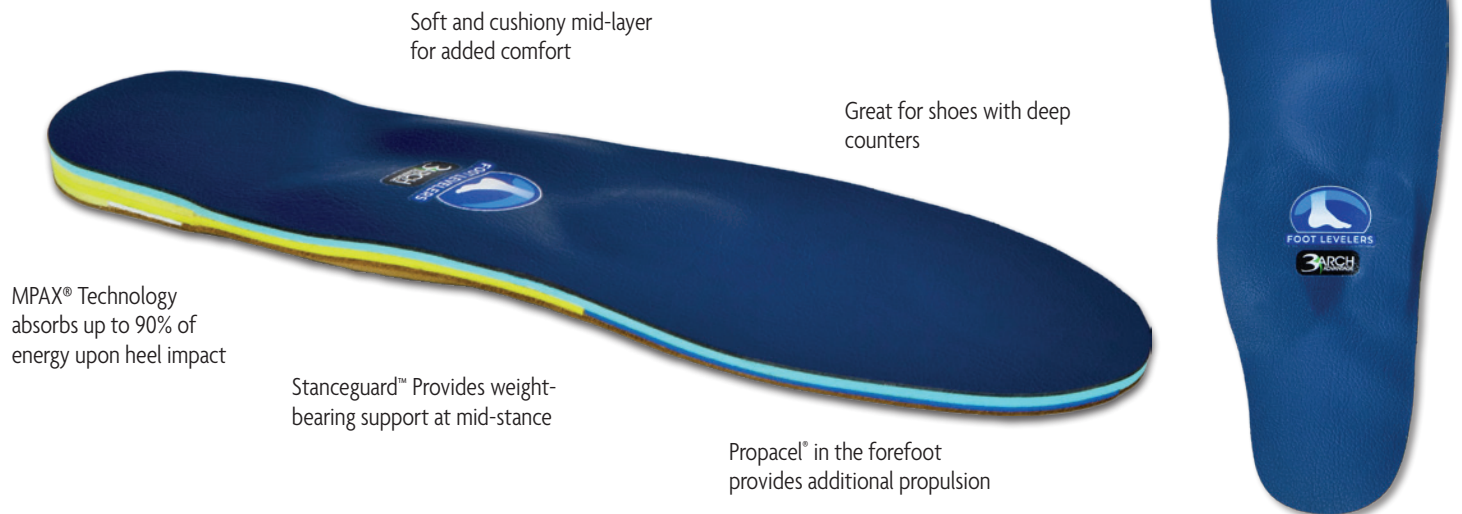
**AVAILABLE IN**  
ITEM 0910500X - FULL LENGTH  
ITEM 0912903 - DRESS LENGTH





# ELITE COMFORT

Provides elite **comfort** and **softness** with an extra layer of cushion.



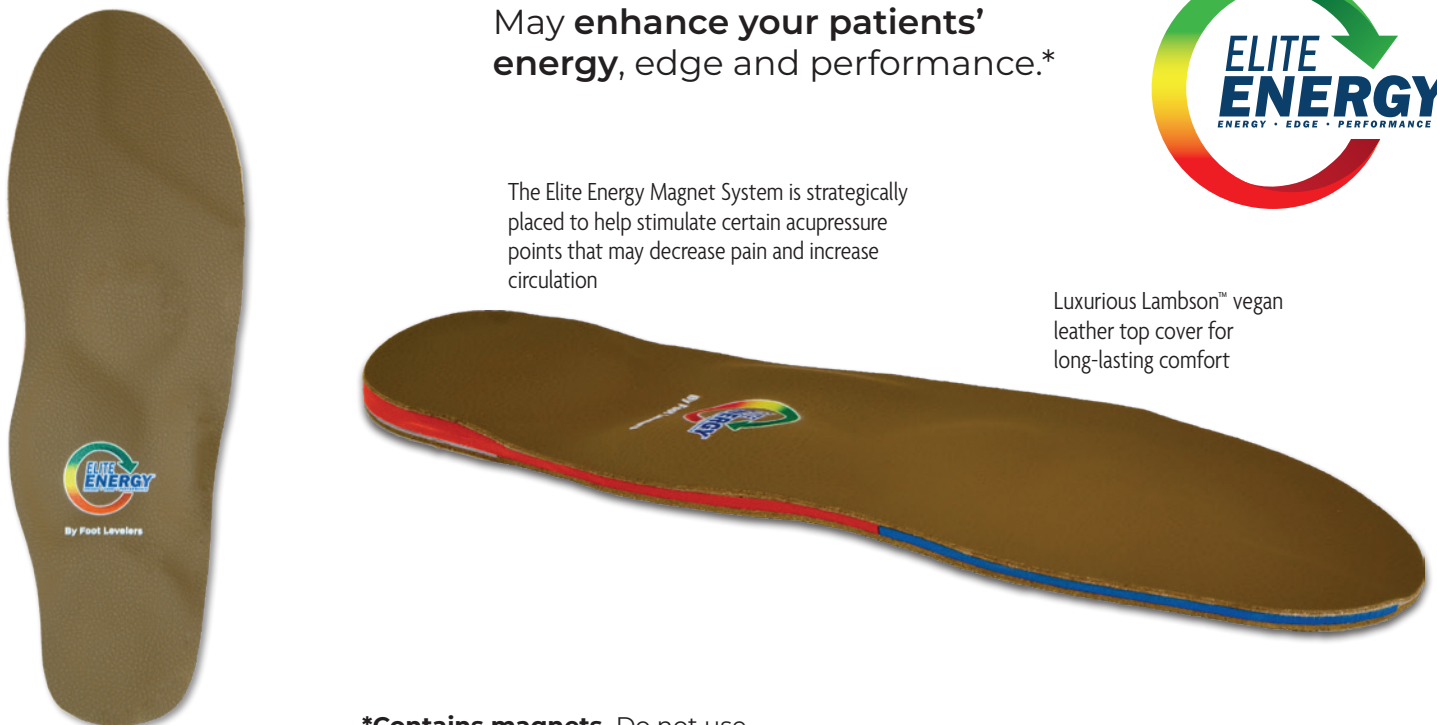
ITEM 0912911

May **enhance your patients' energy, edge and performance.\***



The Elite Energy Magnet System is strategically placed to help stimulate certain acupressure points that may decrease pain and increase circulation

Luxurious Lambson™ vegan leather top cover for long-lasting comfort



**\*Contains magnets.** Do not use if you are wearing a pacemaker or electrical implant of any kind, or if you are pregnant.

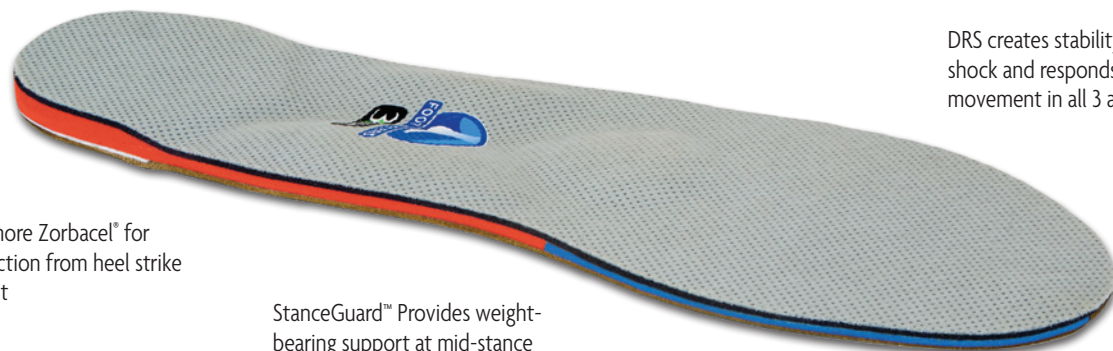
ITEM 0910300



# EXTREME

## Maximum Cushioning

Extreme includes maximum support, comfort and durability. Extreme comes standard with the Dynamic Response System™ for shock absorption and the Gait Cycle System Extreme® for maximum protection throughout the gait cycle.



DRS creates stability, absorbs shock and responds to the body's movement in all 3 arches

75% more Zorbacel® for protection from heel strike impact

StanceGuard™ Provides weight-bearing support at mid-stance

50% more Propacel® in the forefoot provides additional propulsion

*Orthotic shown with Active Top*



### EXTREME ACTIVE™

#### Recommended for:

- » Patients who live very active lifestyles
- » Moisture-wicking Dri-Brelle®

ITEM 0912501



### EXTREME LUXURY™

#### Recommended for:

- » Business professionals who stand most of the day
- » Patients who like the feel of luxury under their feet
- » Lambson™ vegan leather provides durability with a softer side

ITEM 0912500



### EXTREME COMFORT™

#### Recommended for:

- » Patients who need extreme comfort
- » Patients who stand on hard surfaces for extended periods of time
- » TechCel™ material for patients who need maximum cushioning (especially those with sensitive feet)

ITEM 0912502



### EXTREME TOUGH™

#### Recommended for:

- » Patients who put an excessive amount of wear and tear on their orthotics/shoes
- » Patients who have extra weight and need more shock absorption
- » Genuine leather top cover

ITEM 0912503



## Designed for Light/Moderate Activity

Ultra Stabilizing Orthotics are designed with a thinner profile for light/moderately active patients and include the Gait Cycle System® for protection from heel strike to toe-off.



Zorbacel® for protection from heel strike impact

StanceGuard™ Provides weight-bearing support at mid-stance

Propacel® in the forefoot provides additional propulsion

*Orthotic shown with Active Top*



### ULTRA ACTIVE™

#### Recommended for:

- » Patients who do light activity
- » Moisture-wicking Dri-Brelle®



ITEM 0912601

### ULTRA LUXURY™

#### Recommended for:

- » Patients who need a thinner profile for casual shoe styles
- » Patients who prefer a vegan leather top cover



ITEM 0912600

### ULTRA COMFORT™

#### Recommended for:

- » Patients who need extra comfort
- » Patients who stand on hard surfaces
- » Patients with sensitive feet



ITEM 0912602

### ULTRA TOUGH™

#### Recommended for:

- » Patients who are hard on their shoes and who need a more durable product
- » Genuine leather top cover



ITEM 0912603



# DRESS LENGTH LUXURY

Our most popular **dress length** orthotic

Ideal for dress shoes, with  
or without laces, including  
western boots

Luxurious Lambson™ vegan  
leather top cover for  
long-lasting comfort

Zorbacel® for protection from  
heel strike impact

Includes dot fasteners

Fits comfortably in shoes  
without removable liner



ITEM 0912800

## 5<sup>TH</sup> AVENUE® ONE INCH

THE CLASSIC

## 1" CLASSIC (7/8 LENGTH)

Includes dot  
fasteners

Luxurious Lambson™ vegan  
leather top cover for  
long-lasting comfort

Zorbacel® for protection from  
heel strike impact



Propacel® in the forefoot  
provides additional propulsion



ITEM 0910713



IDEAL FOR  
Dress shoes with wider toe boxes

## DRESS NARROW FOR 1"

Includes dot fasteners

Supports all 3 arches, allowing for a streamlined design ideal for dress flats and heels up to 1"

Luxurious Lambson™ vegan leather top cover for long-lasting comfort

Zorbacel® for protection from heel strike impact

VitaStep™ Comfort System includes DRS as a standard feature and added forefoot comfort across the transverse arch as well as a microfoam bottom

Thinner microfoam bottom allows for a soft, sleeker silhouette



ITEM 0910712



IDEAL FOR

NARROW DRESS FLATS & HEELS UP TO 1"

## DRESS NARROW FOR 2"

Includes dot fasteners

Luxurious Lambson™ vegan leather top cover for long-lasting comfort

VitaStep™ Comfort System includes DRS as a standard feature and added forefoot comfort across the transverse arch as well as a microfoam bottom

Thinner microfoam bottom allows for a softer, sleeker silhouette



ITEM 0913600



IDEAL FOR

NARROW PROFILE HEELS FROM 1" - 2"

Note: No lateral arch support due to heel height.





NEW  
LOOK!

Exclusively for  
**AGES 5-12**

- Helps with stability and support during sports or play
- Helps establish healthy posture as kids grow
- May help alleviate growing pains
- Available with our Posture Protect Program™



Note: For children under 9 years of age, Foot Levelers may provide reduced corrections in the prescription.



ITEM 0910702



# YOUTH POSTURE PROTECT PROGRAM™

*Keep Youth Supported as They Grow*

The Posture Protect Program is a solution for children who outgrow their custom-made stabilizing orthotics. Specifically designed for patients ages 5-17. This ensures an affordable and precise fit for children experiencing rapid incremental growth. Please note that we do require a new scan for each increase to guarantee optimal support during all growth stages.

**Eligible Products:** Ultra Young Soles® (ages 5-12), and all other orthotics products (ages 5-17)

*See pricelist for savings*





## Finally Performing Pain-Free

I've been dealing with plantar fasciitis on and off for a few years now, which worsened during my last pregnancy. As someone who runs nearly every day and enjoys racing, having foot pain is really upsetting. I continued to run through the pain, but it made it difficult to get up at night and in the morning to care for my twins.

I stopped by the Foot Levelers booth to scan my feet at the [Foot Levelers] Blue Ridge Marathon, and it has been a game-changer! I ran that race and felt like I was on the verge of a [plantar fasciitis] setback when my new custom orthotics came in the mail!

I've been wearing them regularly and literally have not felt any foot pain since! Nearly two months without any signs of plantar fasciitis is a personal record for me!

I have several ultramarathons on my calendar for the year and I'm finally confident that I will be able to run them pain-free. Thank you, Foot Levelers!

Amy Johnson  
Ultra Marathoner



**WORLD'S TOUGHEST  
ROAD RACE**  
APRIL 12, 2025



Scan for  
More Info

Elevate your workout routine with our XP3® Train orthotic! Designed with exceptional shock absorption properties and enhanced propulsion. Our XP3 Train™ features a resilient, military-grade top cover for unparalleled durability.



MPAX® Technology absorbs up to 90% of energy upon heel impact



Resilient, military-grade top cover

Dynamic Response System Extreme™ provides additional shock absorption in the heel, for greater comfort, better protection, and improved performance

MPAX® Pro Technology maximizes rebound for increased stride distance and saves energy at toe-off



ITEM 0913104



Keep on the move with our thinnest and lightest custom orthotic, the XP3® Run. Popular among athletes, it delivers superior shock absorption and support, setting the stage for extreme endurance and high-activity pursuits.

Perfect for minimalistic shoes, tight-fitting athletic footwear and shoes without detachable factory liners



Flexible perforated top

MPAX® Technology absorbs up to 90% of energy upon heel impact

53.2% lighter than any of our other orthotics



ITEM 0913101



Take it to the next level with the XP3® Run Distance, our most flexible orthotic with extreme shock absorption and propulsion. Expertly engineered to redirect shock away from the body and maximize rebound at toe-off, this orthotic enhances endurance, making it a must-have for extreme athletes.



Lightweight materials for maximum performance

Flexible perforated top

Perfect for extreme endurance athletes like marathon runners, triathletes, and more

MPAX® Technology absorbs up to 90% of energy upon heel impact



MPAX® Pro Technology maximizes rebound for increased stride distance and saves energy at toe-off

ITEM 0913103







Introducing the XP3® Field, an orthotic custom-designed for outdoor sports enthusiasts. Created to fit into a field shoe or cleat, this orthotic aims to boost power, speed, and stability. Its superior shock absorption feature provides safeguarding against hard ground impacts, while its unique three-arch support enhances the biomechanics of the kinetic chain for an optimal athletic experience.

Durable, moisture-resistant top cover

Enhanced stability in all three arches by responding to variable loads and uneven terrain



MPAX® Technology absorbs up to 90% of energy upon heel impact

Propacel® provides a propulsive boost at toe-off, helping to reduce fatigue



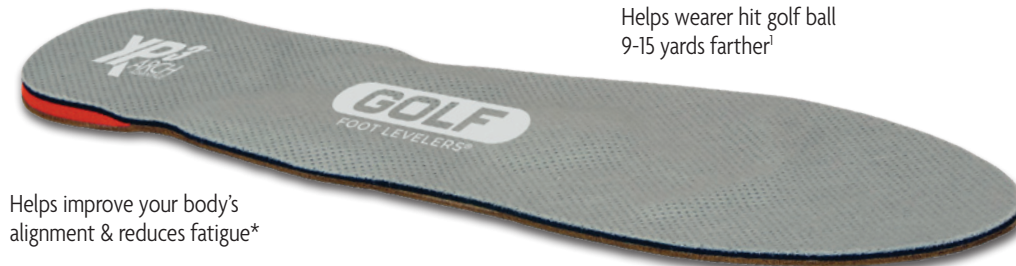
ITEM 0913105

Elevate your golf game with the XP3® Golf orthotic, Ideal for golfers at all levels, it enhances precision drives and promotes optimal body alignment while reducing fatigue.



Moisture-wicking Dri-Brelle® top cover keeps feet cool and comfortable

Helps wearer hit golf ball 9-15 yards farther<sup>1</sup>



Helps improve your body's alignment & reduces fatigue\*

Increases club head velocity 3-5 mph<sup>1</sup>



**\*Contains magnets.** Do not use if you are wearing a pacemaker or electrical implant of any kind, or if you are pregnant.

<sup>1</sup> See page 38

ITEM 0910701







Ace your performance with the XP3® Court! The anti-skid base makes it great for quick lateral movements. This orthotic is ideal for enthusiasts and athletes engaged in court sports such as pickleball, tennis, basketball, volleyball, and more.



Resilient, military-grade top cover

MPAX® Technology absorbs up to 90% of energy upon heel impact

StanceGuard™ provides full foot support, flexibility, and control at mid-stance

MPAX® Pro Technology maximizes rebound for increased stride distance and saves energy at toe-off



ITEM 0910714

Conquer the slopes with the XP3® Ski! Specially designed to offer tailored three-arch support in rigid ski boots, these orthotics come equipped with heightened shock absorption and extra propulsion to make the most out of those powder days. The XP3 Ski™ promotes superior balance and dynamic use of the foot, enhancing your skiing experience.



Cutting-edge temperature regulating material



MPAX® Technology absorbs up to 90% of energy upon heel impact

Propacel™ provides a propulsive boost at toe-off, helping to reduce fatigue

Enhanced stability in all three arches by responding to variable loads and uneven terrain



ITEM 0910715



ITEM XPR0010 (Black)  
Unisex Sizes: M 5-13

ITEM XPR0020 (White)  
Unisex Sizes: M 5-13

## TODAY'S PERFORMANCE IS ONLY AS GOOD AS YESTERDAY'S RECOVERY



Top athletes are aware of the key importance of proper recovery strategies. The XP3® Recover slide is specifically designed to offer the ultimate biomechanical edge during the recovery phase.

- Adjustable strap ensures a supportive fit
- Provides maximum foot comfort while providing dynamic kinetic chain stability during gait



# The Mother Nurture<sup>®</sup> Custom Orthotics System

by Foot Levelers



3-Part System  
ITEM 0912805

One cast/scan does it all:

- 1 pair of custom orthotics for **Trimester 2**
- 1 pair of custom orthotics for **Trimester 3**
- 1 pair of custom orthotics for **Postpartum** (the year after baby's birth)
- 1 Bonus Foot Roller (for orthotic break-in and general pain relief)

Custom **2-pair** orthotic system  
for these crucial stages of pregnancy:

One cast/scan does it all:

- 1 pair of custom orthotics for **Trimester 3**
- 1 pair of custom orthotics for **Postpartum** (the year after baby's birth)
- 1 Bonus Foot Roller (for orthotic break-in and general pain relief)



2-Part System  
ITEM 0912804



*SPS® was invented in 1952 and has since been the building block of our entire line of functional orthotics*



The original functional orthotic with 3 arch support

Genuine leather top cover provides extreme durability

Thin profile to fit in tight-fitting shoes



#### AVAILABLE IN

ITEM 1111 - FULL LENGTH

ITEM 101 - 3/4 LENGTH

ITEM 1156 - DRESS LENGTH

## AQUAGUARD™



ITEM 0910700

Great for harsh environments



Zorbacel® for protection from heel strike impact

Durable top cover is resistant to all types of moisture

SafetySole bottom resists wetness and provides a thermal and static barrier

The best orthotic for activity around water







The Activator Flex™ Stabilizing Orthotic was engineered to work in conjunction with the Activator Methods Chiropractic Technique (AMCT) to provide a balanced, symmetrical foundation that supports the Activator adjustment.



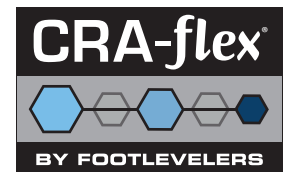
**AVAILABLE IN**

ITEM 1366 - FULL LENGTH

ITEM 1367 - DRESS LENGTH



CRA Flex® is designed to work with Contact Reflex Analysis testing technique. Attend a CRA Seminar for more information.\*



Supports energy flow

**AVAILABLE IN**

ITEM 1362 - FULL LENGTH

ITEM 1363 - DRESS LENGTH

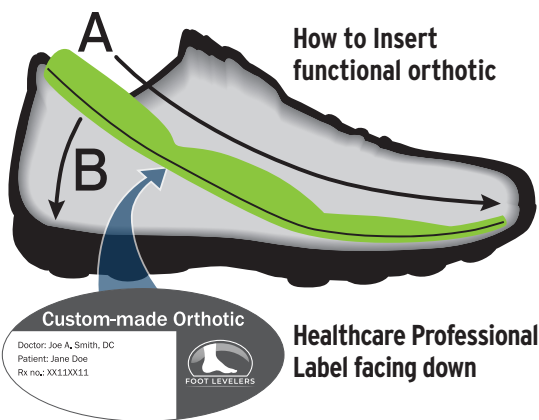
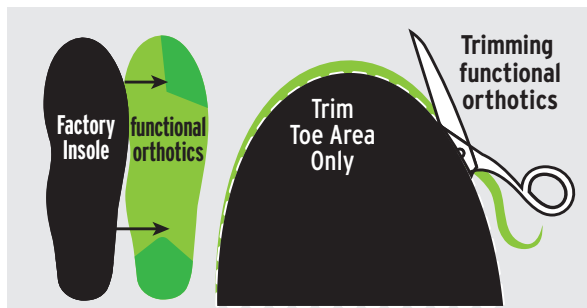
\*Product comes with bilateral medial wedging

# Custom Orthotic Break-in Guide

## Follow these quick steps to break in new custom flexible orthotics:

1. Remove the existing manufacturer's insole or liner from shoes.
2. Follow the trimming guide instructions included here for full length custom orthotics only.
3. Insert Foot Levelers custom orthotics. The heel should fit snugly against the back of the shoe.
4. Begin wearing orthotics for no more than 3 hours as is comfortable the first week, then gradually increase by 1 hour per day.
5. It's natural to feel some discomfort during the break-in period. Allow up to 45 days for the body to fully adjust to the new orthotics.

### TRIMMING GUIDE



### BREAK-IN SCHEDULE RECOMMENDED PER DAY



Days 1-7  
**3 Hours**

Days 8-21  
**5-6 Hours**

Days 22-45  
**As long as you  
feel comfortable**

# Warranties & Returns

INDIVIDUALLY DESIGNED		
PRODUCT	RETURNS <sup>1</sup>	WARRANTY
Stabilizing orthotics	Up to <b>1 year</b> from original ship date, Stabilizing orthotics can be returned for modification or refund, provided patients follow the required warranty specifications.	1-year limited warranty <sup>2</sup> , provided patients follow <b>45-day break-in period</b> Mistrimming & water damage voids warranty.
Sandalthotics®, Shoethotics®	Orthotics are covered under the stabilizing orthotics section above. <b>Unworn</b> footwear can be returned for sizing change and/or refund up to <b>60 days</b> from the initial ship date. Original factory inserts must be returned. No labels to be attached to shoe box.	Stabilizing orthotics that come with Shoethotics and Sandalthotics come with a 1 year-limited warranty <sup>2</sup> , provided patients follow <b>45-day break-in period</b> . Footwear that comes with Shoethotics and Sandalthotics have <b>90-day limited manufacturers warranty</b> .
Waterproof custom orthotic flip-flops and XP3® Recover	Up to <b>60 days</b> from original ship date, Fiji™ and Maui™ flip flops can be returned for size change, style change, and/or refund. Product is permitted to be worn and used outside during this period of time.	180 day limited warranty <sup>2</sup> covers prescription modifications, provided patients follow <b>45-day break-in period</b> , and any material breakdown resulting from normal wear. Limited warranty does not cover misuse or pet damage. <b>Exposure to water does not void warranty.</b>
Custom orthotic flip-flops, and Roanoke	Up to <b>60 days</b> from original ship date, custom orthotic flip flops and Roanoke sandals can be returned for size change, style change, and/or refund. Product is permitted to be worn and used outside during this period of time.	180 day limited warranty <sup>2</sup> covers prescription modifications, provided patients follow <b>45-day break-in period</b> , and any material breakdown resulting from normal wear. <b>Water damage voids warranty.</b>
Nexi™ Custom Pillow	Up to 2 years from original ship date, individually designed pillows can be returned for modification or refund, provided patients follow the required warranty specifications.	2-year limited warranty <sup>2</sup>

<sup>1</sup>Call Customer Service to obtain a Return Authorization number.

<sup>2</sup>Limited warranty does not cover misuse or pet damage.

NON-CUSTOM		
PRODUCT	RETURNS <sup>1</sup>	WARRANTY
Pillo-Pedic® Escape™	Up to <b>30 days</b> from initial ship date, pillows can be returned for any reason. <sup>2</sup>	1-year limited warranty
Rehab	Up to <b>30 days</b> from initial ship date, product can be returned for any reason. <sup>2</sup>	1-year limited warranty

<sup>1</sup>Please call Customer Service to obtain a Return Authorization number.

<sup>2</sup>Non-defective non-custom pillows and rehab held longer than 30 days are not eligible for refund.



Our custom orthotics are **100% guaranteed\*** to help **relieve stress** throughout the body and **improve physical performance**, or your **money back!**

\*Patients must follow the recommended 45-day break-in period before returns are accepted.



## **Landmark Study: Shoe Orthotics for Treatment of Chronic Low Back Pain Published in the Archives of Physical Medicine and Rehabilitation in 2017**

**The conclusions were the following:**

- Foot Levelers custom orthotics alone improved Chronic LBP by 34.5%
- The combination of Foot Levelers orthotics and Chiropractic care led to a reduction in LBP by 40.4%
- Foot Levelers orthotics and Chiropractic care resulted in a 32.3% increase in function

The complete article can be found by scanning the QR code



## **JMPT: Effects of Orthotic Intervention and Nine Holes of Golf on Club-Head Velocity in Experienced Golfers**

**The findings after 6 weeks of wearing custom-fit orthotics included the following:**

- Increase in CHV of between 3 and 5 mph
- Relative increase in CHV by up to 7%
- A 5 MPH increase in CHV is equivalent to an approximate increase in golf ball travel distance of 15 yards
- Reduced fatigue associated with playing 9 holes of golf (relative to CHV)

**Conclusion:** The use of the custom-fit, flexible orthotics in the study had a positive influence on club-head velocity in experienced golfers.

The complete article can be found by scanning the QR code



## **Journal of Chiropractic Medicine: 2005 Chiropractic Adjustments and Orthotics Reduce Symptoms for Standing Workers**

**The findings after six weeks included the following:**

- The control group did not experience much change
- The orthotic only group showed improvement in symptoms, activities of daily living (ADLs), sports and recreation, and quality of life
- The combination of chiropractic care and orthotics showed the greatest improvement in symptoms, ADL's, sports and recreation and quality of life

**Conclusion:** This study revealed that a combination of chiropractic care and orthotics showed the greatest improvement in symptoms, activities of daily living, sports and recreation and quality of life.

The complete article can be found by scanning the QR code





# Showcase Your Clinical Excellence

We are seeking case studies that integrate the use of Foot Levelers products in your treatment plans.

Selected studies will be **published in *Dynamic Chiropractic***<sup>®</sup> and on our website. We appreciate and value your time. Our team will contact you upon submission to discuss details and compensation.

Our goal is to **share your expertise** to improve chiropractic care.



Scan for Details!

**CASE STUDY:**  
**Former Athlete with Bilateral Knee Pain**  
By: Dr. Mark N. Charrette

A 41-year-old male patient presented in my office complaining of gradual-onset bilateral knee pain. The pain in the left knee was concentrated in the medial and anterior area, while the right knee had pain in the lateral area. The patient also complained of low back stiffness and mild to moderate intermittent low back pain.

**History**  
With no apparent traumas or previous history of knee pain (except a 2-month episode of bilateral knee pain as a high school football player), the patient stated a gradual onset of bilateral knee pain beginning one year before my initial examination. Approximately six months before this patient's visit to my office, he was examined by an orthopedic surgeon, prescribed pain medication and muscle relaxers, and referred to a physical therapist for six weeks of treatment. After six weeks of physical therapy, there was no apparent change in the patient's symptom complex. He also stated that he did not want to continue taking medications.

**Initial Exam Findings**  
Significant exam findings include pelvic tilting (Fig. 1), mild restriction of lumbar ranges of motion, along with significant medial narrowing of the left knee laterally, as seen on A-P X-ray. (Fig. 2) All orthopedic tests on the knees were essentially negative. A digital foot scan showed bilateral, asymmetrical foot pronation with greater pronation on the left foot. (Fig. 3)  
FABER (Patrick's) Test showed significant restriction of both hips.

**Clinical Impressions**  
The patient was diagnosed with bilateral asymmetrical foot pronation, rotational bilateral knee and hip subluxations, along with lumbosacral fixation.


**Treatment Plan**  
The patient was treated with conservative chiropractic spinal adjustments and adjustments to both feet, using bilateral adjustments for inferior medial navicular, superior/lateral cuboid, inferior cuneiforms, anterior/lateral talus, plantar flexed/everted calcaneus, and dropped metatarsal heads. The knees were found to have bilateral posterior tibia listings and internal rotation of both femur heads, so they were adjusted bilaterally for a posterior tibia, along with hip adjustments that addressed bilateral inferior femur head rotation.

The patient was prescribed full-length InMotion<sup>®</sup> custom orthotics from Foot Levelers. Both feet were initially taped until the orthotics arrived several days later.

Ice packs and cold laser therapy were utilized on both knees and the low back. The patient was supplied with ice packs for home therapy of the knees and lower back. Low back stretches were demonstrated for the patient to perform at home.

**Response to Care**  
The patient was treated twice weekly for 6 weeks and then re-evaluated. This patient was consistent with treatment and home care.

The initial response saw a 50% reduction in symptomatology in the first two visits. Then, gradually, over the next five weeks, all symptoms subsided. This patient was very satisfied with his care and elected to continue a wellness care program.

Courtesy of  
  
**FOOT LEVELERS**

**References:**  
1. Souza TA. Differential diagnosis for the chiropractor. Gaithersburg: Aspen Pubs, 1998:26.  
2. Guyton A. Basic Neuroscience. 2nd edition. Philadelphia: W.B. Saunders, 1991.  
3. Zhang J. Chiropractic adjustments and orthotics reduced symptoms for standing workers. J Chiropr Med 2005; 4(4): 177-88.  
4. Fultin M. Lower back pain: new protocols for diagnosis and treatment. Rehab Management 1988; Nov/Dec:31-42.  
5. Magee DJ. Orthopaedic physical assessment. 2nd ed. Philadelphia: W.B. Saunders, 1992:409.  
6. Carrington J A, Deshpande J M, Duarte M, & Fiebel, Shoe Orthotics for the Treatment of Chronic Low Back Pain: A Randomized Controlled Trial. The Archives of Physical Medicine and Rehabilitation, volume 98, issue 9, September 2017, Pages 1752-1762.



Fig. 1



Fig. 2

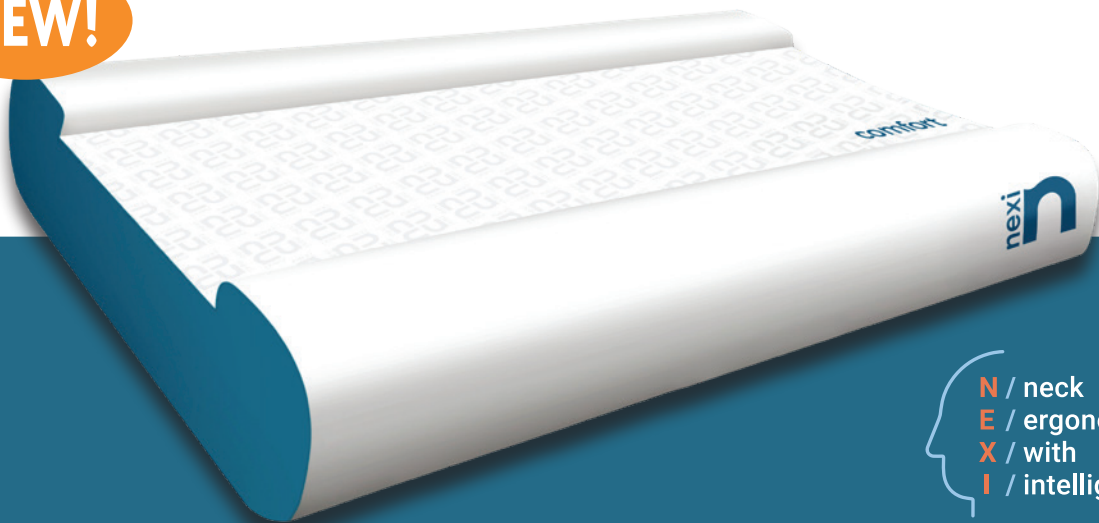


Fig. 3



## THE MOST CUSTOM CUSTOM PILLOW™

NEW!



N / neck  
E / ergonomics  
X / with  
I / intelligence

NEXI is the only pillow that's custom crafted based on a state-of-the-art **130,000 data point** scan of the patient's neck, for a truly personalized fit that can support proper alignment and relieve tension while they sleep.

- AI-driven customization ensures perfect anatomical alignment
- Geometric customization promotes ideal sleep position
- Wellness side provides gentle traction through soft foam well
- Recovery side offers therapeutic support for trauma and inflammation
- Available in four sizes: travel, standard, queen, and king



Foot Levelers Breakthrough 3D scanning technology delivers complete head-to-toe analysis providing the best care possible.

Call **800.999.0811** to see if you qualify to receive a **FREE** scanner!

# REHAB & PILLOWS

*"This pillow works better for neck pain than anything I've tried (and I've tried them all). For me, memory foam bottoms out and feels hard. I've been using this pillow for over 20 years when my chiropractor first recommended it."*

- Zitto Gambe



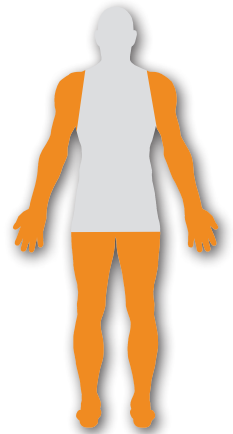
# Rehab For The Home

## THERA-CISER® Extremity Rehab



- Variable resistance from surgical-grade rubber tubing
- Interchangeable bands for arms and/or legs
- All systems include patient manuals

Thera-Ciser®		
Home Model Standard	ITEM 350	
Home Model Light	ITEM 365	
Home Model Extra	ITEM 366	

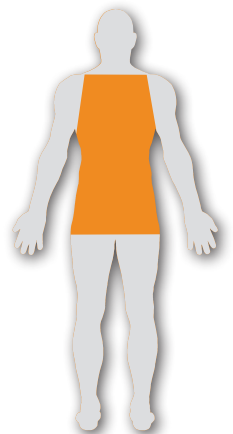


## BACKSYS® Thoracic/Lumbar Rehab



- Includes Back Rehab and Low Back Pain manuals
- Spine-specific, pain-free isotonic motions to correct and rehabilitate thoracic/lumbar spine and pelvis
- Easy-grip handles on heavy-duty surgical tubing
- Simple home use requires only standard door and chair

BACKSYS®		
Home Model Standard	ITEM 367	
Home Model Lite	ITEM 368	

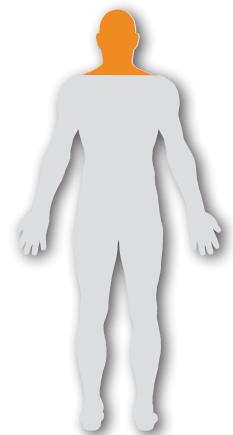


## NECKSYS® Cervical Rehab



- Restores muscular integrity and improves cervical posture
- Isolated motion for sub-maximal limited range of motion
- Provides variable resistance to match individual strength level
- Includes cervical collar
- Home model mounts over door

NECKSYS®	
Home Model	ITEM 358
Professional Model	ITEM 357



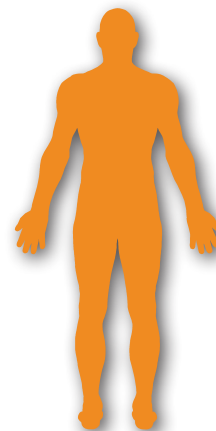


# Rehab For The Office

## TRI-FLEX® One unit - Whole body rehab

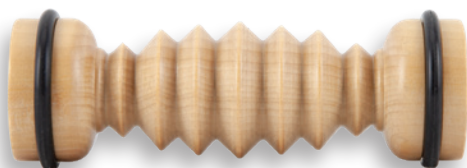


- Complete professional rehab center that mounts to the wall
- Includes professional versions of the NECKSYS®, BACKSYS® and Thera-Ciser®
- Includes cervical collar, slip covers, and manuals



Tri-Flex®	
Unit	ITEM 385
Dimensions: 72"x 7"	

## FOOTWHEEL™



- Great for trigger point therapy
- Ideal for the break-in period for functional orthotics

FootWheel™	
FootWheel	ITEM 1110302

## ROCK N' ROLLER®



- Develop better balance
- For those who have gait deficiencies or postural imbalance

ROCK N' ROLLER	
Rock N' Roller	ITEM 340

## THE ORIGINAL STICK™



- The Original Stick™ Flexible 20" massage stick
- Targets and releases muscle tension
- Flexible core with 10 freely rolling spindles



- The Original Stick™ Flexible 18" massage stick
- Targets and releases muscle tension
- Designed to fit in most gym and travel bags



- The Original Stick™ Stiff 24" massage stick
- Deep tissue activation
- Stiff core with 12 freely rolling spindles

The Original Stick™ - 20"	
ITEM 312	

The Original Stick™ - 18"	
ITEM 313	

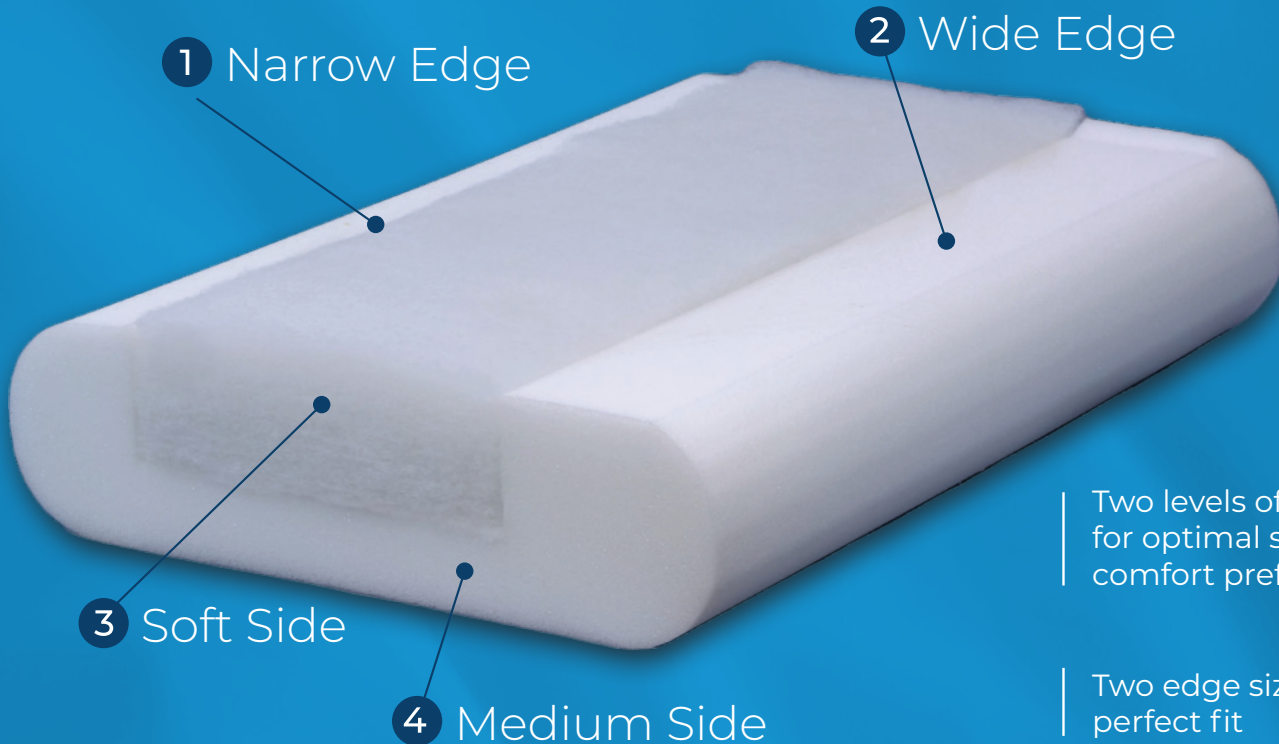
The Original Stick™ - 24"	
ITEM 311	

# Pillo-Pedic®

## CERVICAL SUPPORT PILLOW

Versatile  
4-in-1 Design

Pillo-Pedic® cervical support pillow strikes the perfect balance between rehabilitation and comfort. It supports the natural curve of your patients head and neck to help keep their spine in proper alignment while resting.



Two levels of firmness  
for optimal support and  
comfort preferences

Two edge sizes for a  
perfect fit

Postural support for back  
and side sleepers



Quality materials that  
retain shape



Hypoallergenic  
materials

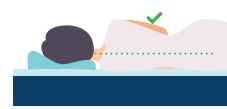


Machine washable,  
breathable fabric cover



Satisfaction guarantee  
and warranty

### TRADITIONAL VS. PILLO-PEDIC



Normal Pillow

Pillo-Pedic Pillow

Pillo-Pedic supports  
the back of your  
head and neck,  
where a traditional  
pillow does not.

*Also great for whiplash, arthritis, and back pain*



**Dimensions**  
23"x 15.5"x 4.25"  
ITEM 217

### Pillo-Pedic®

Supports the head and neck to help keep spine in alignment



**Dimensions**  
23"x 15.5"x 5"  
ITEM 240

### Pillo-Pedic® Extra

Scaled to accommodate larger-framed patients



**Dimensions**  
23"x 15.5"x 2.875-3.75"  
ITEM 221

### Pillo-Pedic® Jr

Scaled to accommodate smaller framed or youth patients



**Dimensions**  
13" x 15.5" x 4.25"  
ITEM 218

### Pillo-Pedic Mini-Travler®

Travel size for those on the go



**Dimensions**  
23"x 15.5"x 4.5"  
ITEM 223

### Pillo-Pedic® Plus

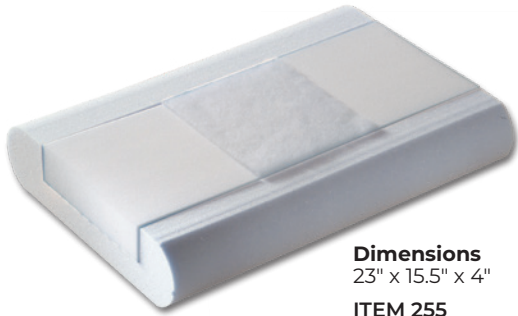
Dynamic "egg carton" Posturefoam™ structure to relieve pain points



**Dimensions**  
23"x 15.5"x 4.25"  
ITEM 250

### Pillo-Pedic® Ultra

Soft foam core for head, neck, and shoulder pain



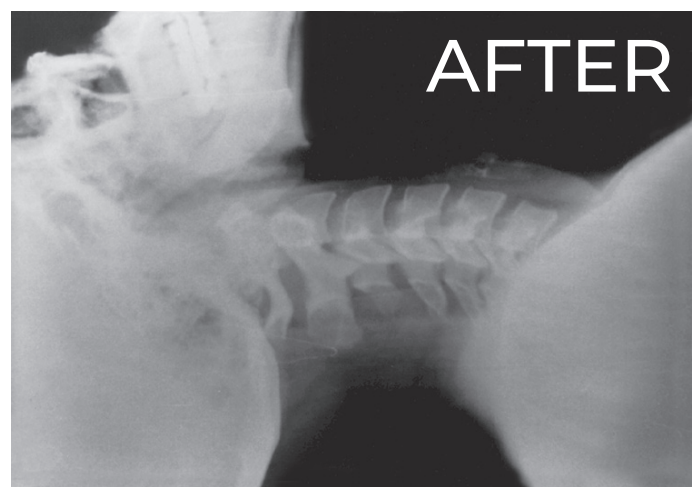
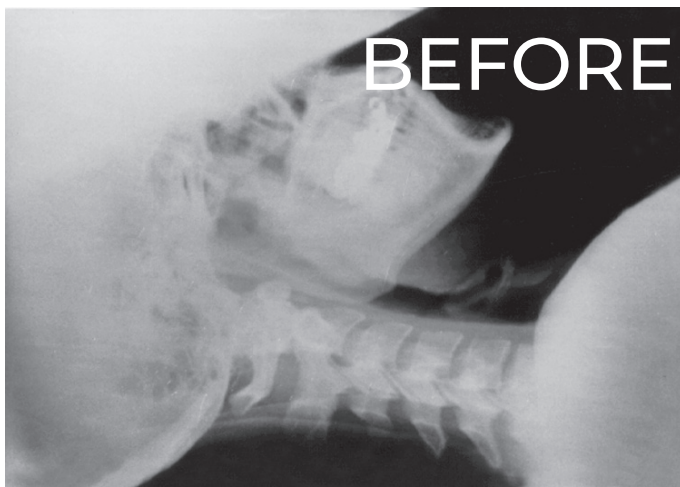
**Dimensions**  
23" x 15.5" x 4"  
ITEM 255

### Escape®

- Helps with whiplash and tension headaches
- The Sleep Cycle System allows patients to switch back and side sleeping positions without waking up
- Therapeutic Z-z-zone center aids in proper neck extension while back sleeping

## These Conditions Can be Helped by Foot Levelers Cervical Support Pillows

- Vertebral Subluxation Complex
- Degenerative Disc Disease
- Pinched Nerves
- Back Pain
- Muscle Tension
- Neck Pain
- Tension Headaches
- Whiplash
- Arthritis
- Other Neck and Shoulder Problems
- Relieving Nerve Irritation and Pain
- Cervical Strain/Sprain Injury
- Arm/Shoulder Pain
- TMJ
- Hypolordosis
- Relieving Stress
- Correcting/Maintaining Cervical Curve

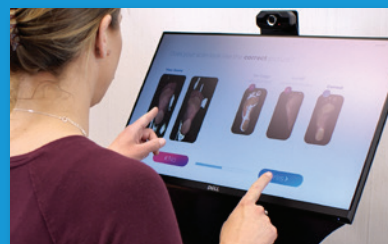


visit [FootLevelers.com/pillows](https://FootLevelers.com/pillows) for more options



*"After I saw one scan, I realized I was going to do things differently in the office. We were cherry-picking who we thought needed to be scanned and who did not. Seeing the results from the scan was a turning-point for our entire practice. We decided we were going to scan everyone. It was a game-changer for patient care and our practice revenue."*

- Dr. Bill Nolan  
Cherry Street Health Group  
Danvers, Massachusetts



# A New Dimension to Chiropractic

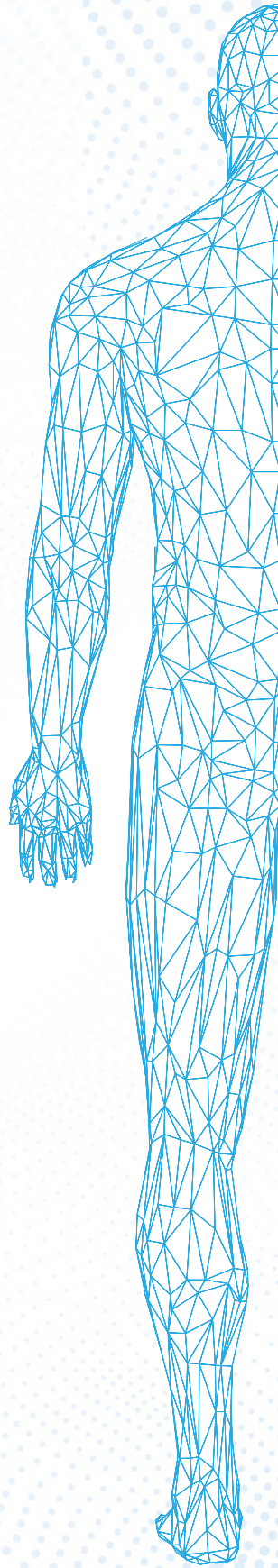
This technology analyzes over 400,000 data points for its pronation stability and forward-head postural scans. Based on this analysis, healthcare professionals can recommend day-and-night support with our custom orthotics and cervical pillows.

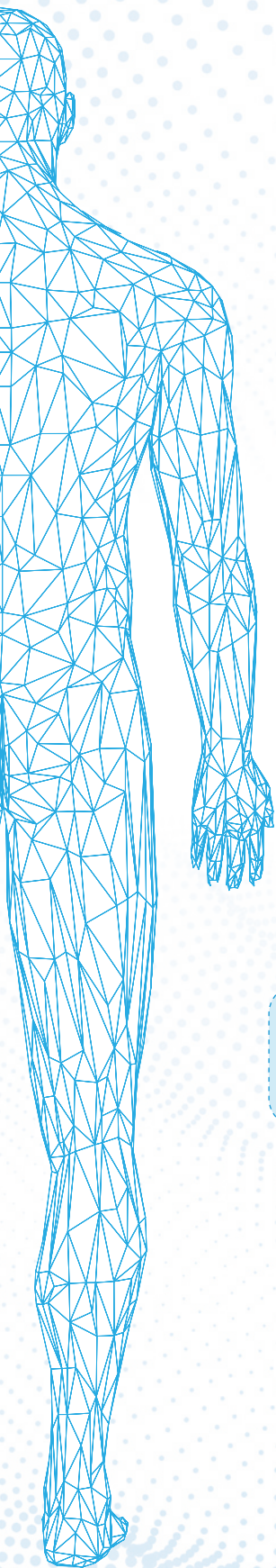
## Features

- **3D Posture Scanner** – Provides analytical measurements of forward head posture (Tech Neck Index™)
- **3D Foot Scanner** – Highlights imbalances and asymmetries between the feet (Pronation Stability Index™) and reports the status of all three arches of the foot
- **Updated Report of Findings** – A comprehensive full-body analysis from head to toe

**Posture  
Check** <sup>TM</sup>  
BY FOOT LEVELERS

Call 800.999.0811 to learn more or to see if you qualify for a **FREE** scanner.





New Scanner captures  
**130,000 datapoints**  
analyzing head posture

Captures  
**280,000 datapoints**  
analyzing the feet



ITEM 0511001



SCANNER CLEANING WIPES  
ITEM DIG32517



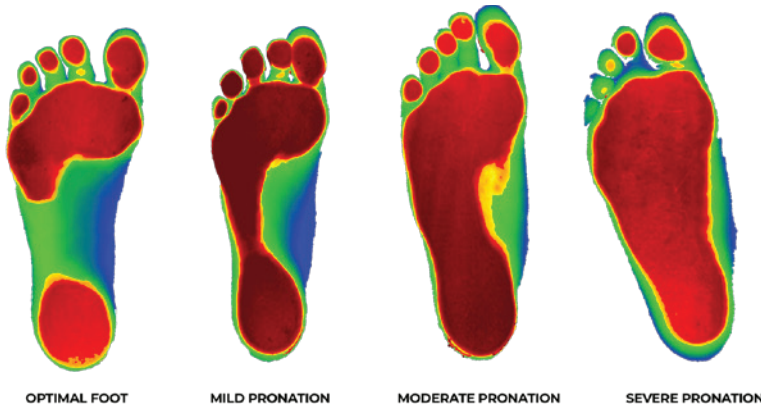
# 3D BodyView+<sup>®</sup>

Digital Foot Scanner



3DBV+  
ITEM 0411427

- » Highlight imbalance and asymmetries between the feet with cutting-edge 3D laser technology
- » Patient education/satisfaction with an Instant Report of Findings
- » Cloud-based software
- » Portable and lightweight for use outside the office



It's estimated that  
**77%**  
of the population has  
moderate or severe  
overpronation

## WHY IT'S IMPORTANT TO SCAN EVERY PATIENT

- » Patients come to you saying "I NEED HELP!"
- » Scanning every patient is about diagnosing and recommending what's best for their health
- » Show patients how the feet play an instrumental role in the care you provide
- » It's a great opportunity to distinguish yourself and your services

The feet are the foundation of the body, so a slight imbalance can cause a major disturbance in the limbs and joints above, particularly the hips, knees, back, and neck. Just think of the feet as the foundation of a building, where a crack or bent frame can cause the structure above to tilt.



# MARKET YOUR PRACTICE

*“The addition of Foot Levelers over the last 8 years has brought the doctors in our practice another tool to help our patients stabilize their condition. The quality and research behind Foot Levelers is unsurpassed and patient satisfaction is always high, it’s a no-brainer to keep our patients ‘back on track’”*

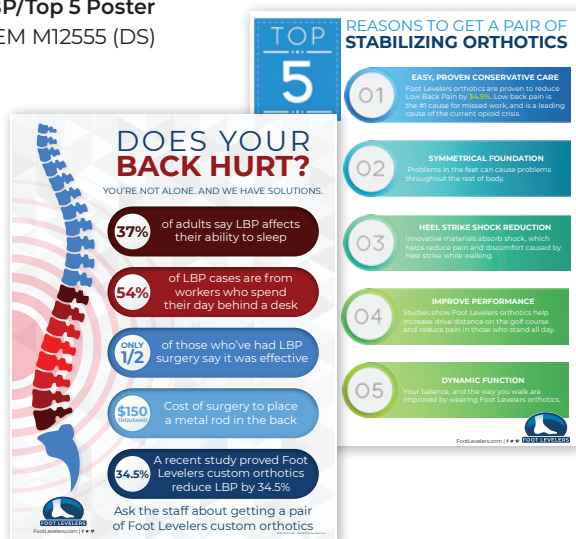
– Dr. Timothy Gallagher,  
Leominster, MA



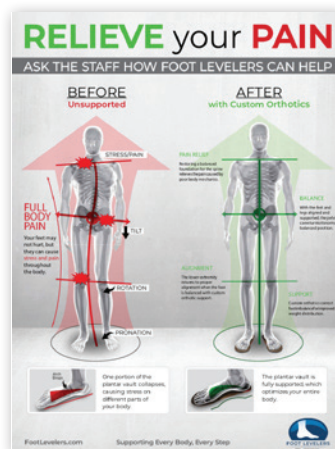
# POSTERS

All posters are 18"x 24" unless otherwise specified. (DS) denotes double-sided; (SS) denotes single sided.

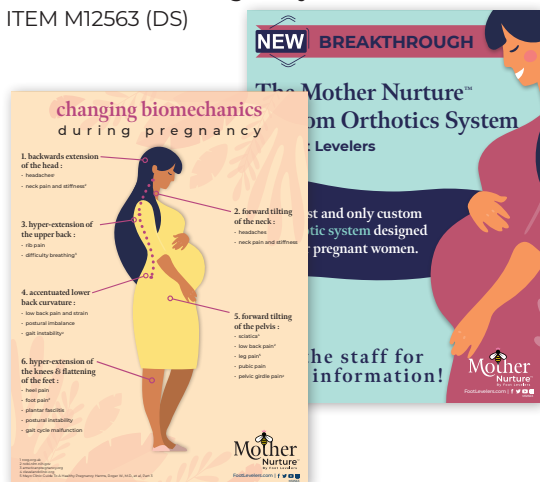
**LBP/Top 5 Poster**  
ITEM M12555 (DS)



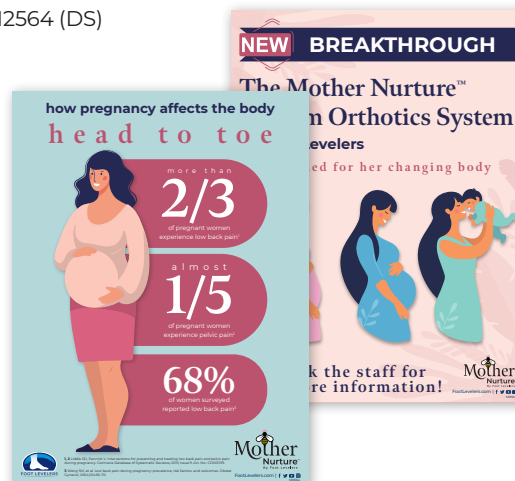
**Relieve Pain Poster**  
ITEM M12565 (SS)



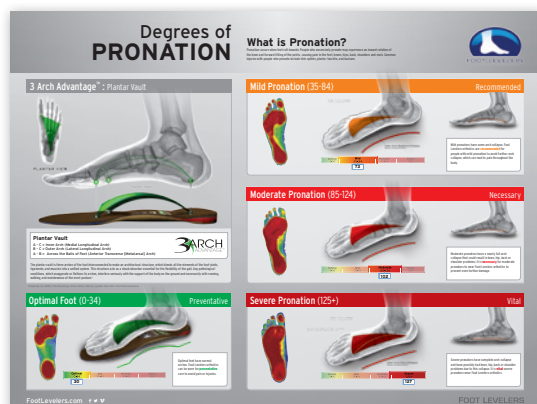
**Mother Nurture/ Pregnancy Biomechanics Poster**  
ITEM M12563 (DS)



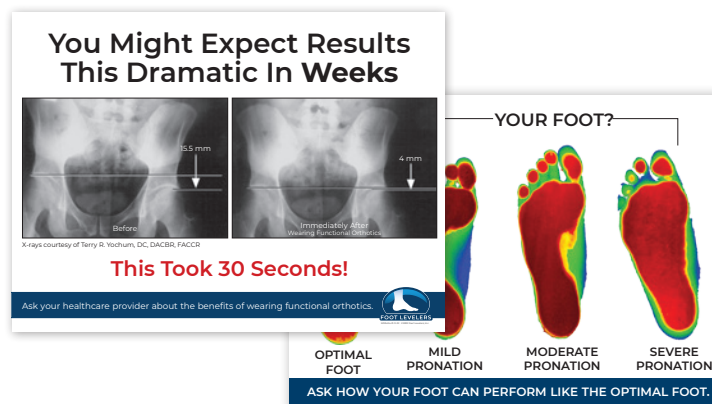
**Head To Toe/Mother Nurture Poster**  
ITEM M12564 (DS)



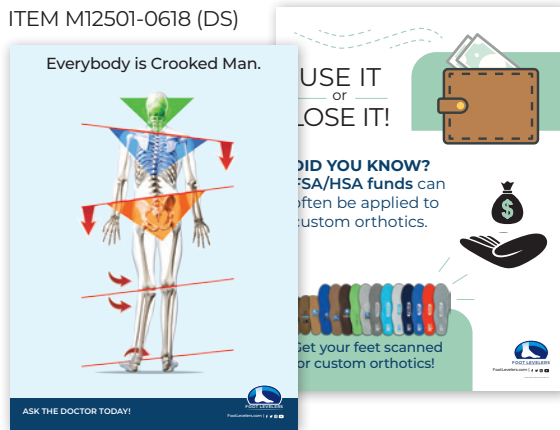
**Degrees of Pronation Poster**  
ITEM M12553 (SS)



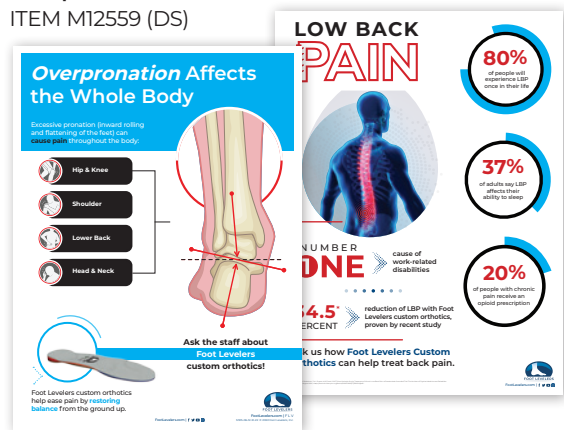
**Optimal Foot/X-Ray Poster**  
ITEM M12554 (DS)



**Crooked Man/FSA Poster**  
ITEM M12501-0618 (DS)



**Overpronation/LBP Poster**  
ITEM M12559 (DS)



**Running/Multiple Pair Poster**  
ITEM M12558 (DS)



**Flip-Flops Poster**  
ITEM M12550 (DS)



**Off By Two Feet/Fingerprint Poster**  
ITEM M12562 (DS)



**InMotion+™ Poster**  
ITEM M10103 (DS)



# BROCHURES, CATALOGS & KITS

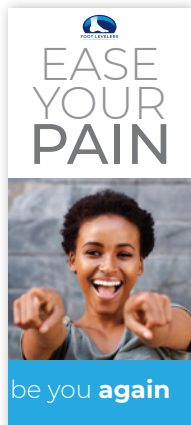
Why Get Scanned  
Brochure  
ITEM M10555



Why Custom-Made  
Brochure  
ITEM M10552



Ease Your Pain  
Brochure  
ITEM M10550



Show Me The Reason  
Brochure  
ITEM M10556



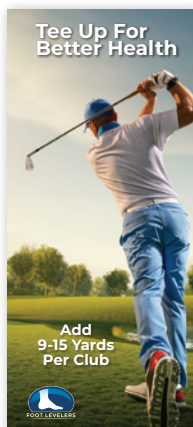
Pillo-Pedic®  
Brochure  
ITEM M10551



Flip-Flop  
Brochure  
ITEM M10554



XP3® Golf  
Brochure  
ITEM M10507



Por Qué Debería  
Folleto  
ITEM M10562



Por Que Hechas a la Medida?  
Folleto  
ITEM M10553



Better Body Library  
Brochure Set and Stand



#### Includes:

- Plantar Fascitis
- Low Back Pain
- Knee Pain
- But My Feet Don't Hurt

ITEM M15701



## Patient Catalog

- 1 pack of patient catalogs
- Great for sharing with patients and displaying in high-traffic areas to attract interest

ITEM M10702

All brochures come in packs of 25.





## Patient Education Kit

### Includes

- 1 pack of patient catalogs
- Orthotic sample set
- Optimal Foot Poster



ITEM 942

## Patient Promotion Kit

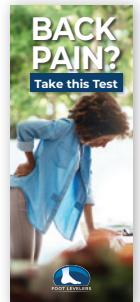
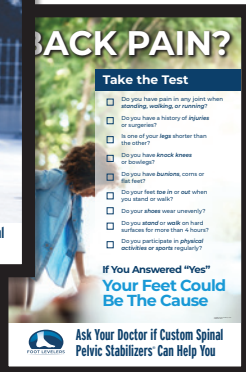
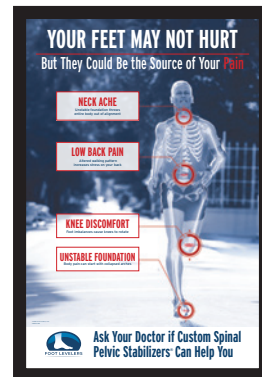
ITEM M15706



### Includes

- Running Man poster
- Low Back Pain poster
- Flip-Flop poster
- Flip-Flop brochure
- Why Get Scanned brochure
- Low Back Pain brochure
- Patient catalog

# PRACTICE XCELERATOR. KIT



### Includes:

- 3 Large Frames with Posters
- Orthotic Sample Chain with Display Hook
- Tabletop Sample Orthotic Display
- Brochures and **more**

\*Posters are only available in the Practice Xcelerator® Kit

\*\* PX Kit contents may change

ITEM M23206



## Custom Orthotics Sample Chain

ITEM 941

\*Samples may vary based on availability



## XP3® Sports Collection Sample Chain

ITEM 951



## Posture Stabilizing Test Kit

### Includes

- 2 sets of test orthotics (small and large)
- Instruction card

ITEM 09129101



## Foot Levelers Casting Kit

- 1 casting kit
- Used by healthcare professionals for over 70 years

ITEM 509



## Mother Nurture Starter Kit

### Includes

- Sample orthotics
- Posters
- Brochures
- Sample packaging

ITEM 1110303

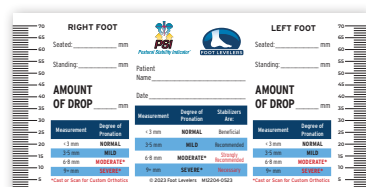


## Foot Levelers Starter Kit

### Includes

- 4 Foot Levelers casting kits
- Certificate for a free pair of custom orthotics for you
- Orthotic sample set
- 1 pack of 'Better Body Library' brochures
- Tabletop orthotic sample display
- Flip Flop sample
- Product catalog with quick reference guide
- 1 pack of patient catalogs
- 1 pack of 'Why Custom-Made' brochures
- Laminated 'Crooked Person' flyer
- Practice Xcelerator invitation

ITEM M23202



## Postural Stability Index Card

- Measures navicular drop pre- and post- orthotic use

ITEM M12204

# 2025 SEMINAR SERIES

## Earn 12 CEUs with Foot Levelers!

At our continuing education seminars, you'll learn from leaders in the chiropractic profession. They are held nationwide on Saturdays from 12 to 6 pm and Sundays from 8 am to 2 pm. Each seminar is 12CEs for only \$199\*

### Topics Include:

- **Keeping Life in Balance—Improving Posture, Patterns, and Performance:** Dr. Jeff McKinley
- **Advanced Approach to Lower Extremity Adjusting and Stabilization:** Dr. Mark Charette
- **Stress Balancing and Brain-Gut Wellness and the Lost Vagus Nerve Function:** Dr. Dan Davidson
- **Mastering the Upper and Lower Extremities the Wong-Way:** Dr. Kevin Wong
- **The Changing Brain: Applying the Principles of Neuroplasticity to Pain, Posture, Stress, and Rehab:** Dr. Brian Jensen



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